









Fitness Club 2019 - 2020

Mellon Middle School (412.344.2122)

After school in the weight room 3:05 to 3:55

Mon	Tue	Wed	Thu	Fri
DECEMBER 2	3	4 FITNESS CLUB in Weight Room after school	5 FITNESS CLUB in Weight Room after school	6
DECEMBER 9 FITNESS CLUB in Weight Room after school	10	11 FITNESS CLUB in Weight Room after school	12	13
DECEMBER 16	17 FITNESS CLUB in Weight Room after school	18 FITNESS CLUB in Weight Room after school	19	20
DECEMBER 23 No School 	24 No School 	25 No School 	26 No School 	27 No School 
DECEMBER 30 No School 	31 No School 	JANUARY 1 No School 	2 FITNESS CLUB in Weight Room after school	3